



KEEPING CONNECTED AND SUPPORTING LEARNING

The way your child learns at home may be different from how they have been learning at school. As a parent or carer your role is not to replace the teacher. It is to support your child or young person's learning provided by the school.

Over the coming days you will be provided with learning activities and information to support learning at home. The learning activities that are provided may be online, offline or a combination of both. The learning will be designed to meet your child's needs and adjusted for the home environment.

Juggling learning at home, work and family may bring both joy and challenges. This is new for everyone, so keep connected to your school, family and friends to support learning and wellbeing.

Help your child or young person feel safe, secure and connected. To do this you can:

- Keep in regular contact with the school and teacher/s
- Take time to find what works best for your family, not every day will work out as planned
- Encourage them to do their best and help them when you can
- Support them to connect with other students and friends online or by phone, for learning and social reasons
- Keep to the normal routines of sleep, meal times, exercise and free time.

A range of resources to help you talk with your child or young person's wellbeing are available through [Learning at home - Wellbeing](#)



SETTING UP FOR THE LEARNING

Talk with your child about starting to learn at home.

- Involve your child or young person in creating a space with the things they need for learning
- Consider their age and independence when choosing and setting up the learning space
- Help them keep learning materials organised
- Use what you have available at home and what is provided to you by the school
- Remember to use safe outdoor spaces for learning and activity throughout the day.



DEVELOP A ROUTINE

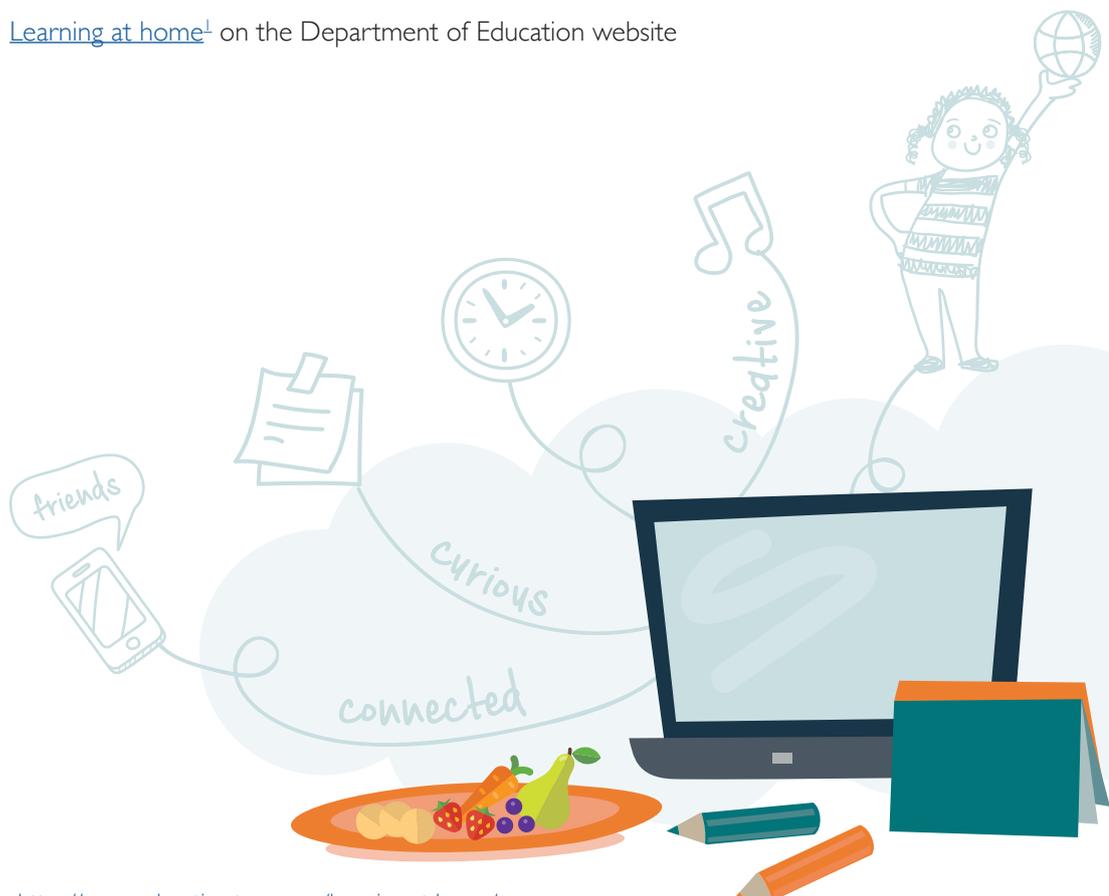
Having a daily routine helps your child or young person get ready for and focus on their learning. You can support their learning by:

- Involving them in establishing a daily routine
- Displaying the daily routine so everyone in the family can see it
- Helping your child or young person set up for the day's learning
- Being prepared for things not going to plan and being flexible
- Taking time to set up a routine that works and adapting it as you need to
- Taking regular breaks throughout the day
- Talking with your child or young person about the day's learning and noting down what you need to discuss with their teacher.



LINKS TO MORE INFORMATION

- [Learning at home¹](https://www.education.tas.gov.au/learning-at-home/) on the Department of Education website



¹ <https://www.education.tas.gov.au/learning-at-home/>

KINDERGARTEN

Teachers will use the Early Years Learning Framework for Australia to develop learning activities for your child. In Kindergarten your child learns through play, using ideas and activities provided by the teacher.

You can support their learning by asking questions and talking with them about what they are doing. Sometimes your child will need you to help them and sometimes they will learn independently.

Remember that your child may choose to spend more time on some activities than others. These activities could take up to 2 hours a day. Try to spend quality time with your child:

- Sharing stories, writing and drawing, listening and speaking
- Counting and using numbers, measuring, games
- Helping around the home, cooking, gardening, etc

More activities to support your child or young person's learning can be found at [Learning at Home](#)

PREP TO GRADE 2

Teachers will use the Australian Curriculum to develop learning for your child. At this age your child relies on adults to help them with learning to read, write and use numbers to solve problems. They are active and curious and learn by talking, asking questions, playing and exploring.

Daily learning activities from the teacher may include:

- English - Reading, writing, listening and speaking up to 30 – 40 minutes
- Maths - using numbers and measuring to solve mathematical problems up to 30-40 minutes
- Physical activity and play regularly though the day.

More activities to support your child or young person's learning can be found at [Learning at Home](#)

GRADES 3 TO 6

Teachers will use the Australian Curriculum to provide the learning for your child. Your child may be asked to work on a project or learning tasks that use skills and knowledge from different subject areas.

Help your child prepare for the day, by reading through the instructions provided by their teacher. Encourage your child to work independently as much as possible, but help them when you can or when they need it.

Daily learning activities from the teacher/s may include:

- English - Reading, writing, speaking and listening for a total of up to 45-60 minutes
- Maths - Numbers and measurement for up to 30-45 minutes
- Other subject areas across the week, for up to 60 -90 minutes
- Physical activity and play up to 1 hour throughout the day

More activities to support your child or young person's learning can be found at [Learning at Home](#)