

Howrah News

Issue No. 37– 30 November



UPCOMING EVENTS

1 December
3 Wing, 3 Boddy/Towns, 3 Sultan and
3/4 Brown – kunanyi, Pipeline Track to
The Waterworks Reserve

2 December
All School Triathlon Challenge –
Bellerive Park

7 December
Kinder – Year 2 Athletic Fun Day

8 December
Kindergarten - Pantomime

9 December
Year 5 and 6 – Robin Hood Play

14 December
Kinder Christmas Assembly

15 December
Prep – Year 2 Christmas Assembly
Year 6 – Breakfast and Beach Day

16 December Year 3 – 6
Christmas Assembly

19 December
Year 6 BBQ – Aquatic Centre

TERM DATES

Term 4
21 December – Last Day Term 4

PRINCIPAL'S NEWS

Dear Families

As educators, we know the words we use have a great deal of power. What we say and how we say it helps shape a child's view of themselves as a learner and their understanding of learning itself. At Howrah Primary, much of the language we use relates to the "Learning Assets". You may have heard your child and their teacher talking about these 'assets' and wondered what they are all about...

There are six assets. As effective learners, we need to be

THINKERS

SELF MANAGERS

COMMUNICATORS

RESEARCHERS

COLLABORATORS

CONTRIBUTORS

Being a SELF MANAGER includes being able to stay focussed, manage your time and be organised. This is also about being a responsible and resilient person. COLLABORATING includes being able to compromise, take turns and take on different roles in a team. It helps too, if you are kind and reliable. We all need to be RESEARCHERS these days! This means learning how to do things like asking the right question or deciding whether a source of information is trustworthy. It also helps to be curious and courageous. Effective COMMUNICATION is a vital asset for learning. We need to learn to listen actively, respond appropriately to others and get our message across

in different ways. Good communicators are responsive and respectful. Building our skills as THINKERS is the key to deep learning. Some thinking skills include being able to analyse, predict and imagine – and it really helps to be open-minded and flexible. When we are CONTRIBUTORS, we make a positive difference to our own and others' lives, we are aware of our own strengths and talents and look at how we can take action to help locally and globally. We are courageous and responsible in our actions.

These assets are not just for our children. We never stop learning – and we learn at school, at work or at home. You can help your child at home by using this language with them – even about yourself. “Hmmm, the WIFI doesn't seem to be working. I will have to be think flexibly today and work differently!” It is also very powerful to use this language as you notice your child showing them in some way: “I noticed how well you shared with your sister when you were playing with the lego. Great collaborating!” The lovely thing about the assets is that children can strengthen them all day, every day, whether we are doing school related tasks or simply setting the table for dinner. Enjoy talking about learning with your child!

© Kath Murdoch, 2021

Congratulations to Grace on being selected as the National Winner in the category of Year Level 5-6 at the National History Challenge 2022. Grace was presented with her award by Jason Clare, Minister for Education at the National Presentation Ceremony at Parliament House in Canberra.



Last Friday night I was lucky enough to be in the audience for the Annual Combined Primary Schools Band and Choir Concert at My State Arena. It was a fabulous night of musical entertainment and a testament to the hard work of the staff and students involved. A huge thanks to Mr Simon Reade, Mrs Alison Mahoney and Mrs Karen Matthews who have led this wonderful work over the year.



Ange Miezitis
Principal
ange.miezitis@decyp.tas.gov.au

END OF YEAR REPORTS

A reminder to families that end of year reports will be sent home on Friday 16 December. You can learn more about school reports by watching the video accessed through the QR code or view the links below:



- [School Reports FAQs](#)
- [Understanding the 9-point scale](#)
- Visit: [Reporting - The Department for Education, Children and Young People Tasmania at decyp.tas.gov.au](#)

STUDENT FOCUS YEAR 4

On Wednesday 19 October, the Year 4 cohort went on an excursion to the Cascades Female Factory Historic site located in South Hobart. This facility served as a prison for female convicts during the years of transportation up until 1877. It is now a museum and heritage site.

Prior to visiting the site, the three classes gathered next to the Hobart Rivulet where they learnt a little about the significance of this feature for the survival of the early Hobart settlement. Each class then participated in two activities whilst at the Female Factory. The first was a guided tour where students learnt about the facility and what conditions were like for the female inmates. The second activity required students to analyse some original artefacts to learn more about this historic place.

The excursion provided an intensive look into the Term 4 Inquiry topic. Here are some things that we learnt, or some wonderings we had from our visit:

4 French

I liked learning about 1st, 2nd and 3rd class prisoners and the jobs they had to do – Charlotte

I found it interesting learning about the crimes people committed to end up there – Grace D

I enjoyed learning about the bravery of some convicts when they tried to escape – Liam

4 Salter

I learned that females only ate one type of food – bread, gruel and soup – Norah

I enjoyed learning about what the females used to eat and some of the crimes they were transported for. I learned that if the guard didn't like one of the females, they could give them a consequence for no reason – Lexi

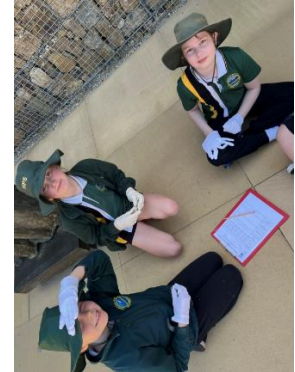
I learned that there were three levels to get through in the prison. Level three was where the worst of the worst would go. Level two was where women that weren't particularly good or bad would go. Level one was where the good women would go - Angus

4 Matic

I learnt that the female convicts had to eat bread and sheep head stew - Eshaan

Some convicts had to spend time in solitary confinement - Archie

When transported, they had to request to bring their children – Eve



COMBINED PRIMARY SCHOOLS BAND AND CHOIR CONCERT

Howrah Primary School – Choir members



CHRISTMAS ASSEMBLY INFORMATION



Wednesday 14 December
Kinder Assembly – 2.00pm

Assembly will be held in our Multi-Purpose Hall doors will be open at 1:45pm - entry via side playground doors only. There is limited seating and standing room available. We strongly recommend that you wear a mask inside the hall. **There is a limit of a maximum of 2 family members per child** due to the size of the hall.



Thursday 15 December – Prep Year 2
9.30am – 11.00am

Friday 16 December – Year 3 - Year 6
9.30am – 11.00am

Assemblies will be held in our Multi-Purpose Hall. The hall will open at 9:15am - entry via the side playground doors only. There is limited seating and standing room available. We strongly recommend that you wear a mask inside the hall. **There is a limit of a maximum of 2 family members per child** due to the size of the hall.



SRC UPDATE SALVATION ARMY BAGS OF HOPE

Last Wednesday each class received an empty Bag of Hope from the Salvation Army. We would like to encourage students to bring one non-perishable Christmas item to contribute. This may include Christmas decorations, bonbons, crackers, fruit mince pies, tinned fruit, sweet treats, tinned seafood etc. The SRC will collect the bags on Friday 9 December and hand them over to the

Salvation Army to be sorted and delivered to families in need that live in Clarence.



BREAKFAST CLUB

This week is our last Breakfast Club for this year. Thank you to Zoe and Kate for supervising our Year 6 helpers prepare the food. Thank you also to Nikki for providing some gluten free toasties. A very big thank you to Banjos for their very generous bread donations!

MOVE WELL EAT WELL

Move Well Eat Well

Lunchbox and snack ideas

Try these tasty 'everyday' lunchbox and snack ideas for your family

- Cheese and biscuits
- Leftovers
- Snack 'plate' of meatballs and vegetables
- Fruit bread
- Fruit salad

Department of Health
Design © State of Victoria, Australia

Tasmanian Government

PLANT FRUITS VEG IN YOUR LUNCHBOX

Choose 'everyday' foods

- Foods from the five food groups are called 'everyday' foods. These are:
 - Vegetables
 - Fruit
 - Grain (cereal) foods
 - Lean meats and alternatives (including eggs, tofu, legumes and beans, nuts and seeds)
 - Milk, yoghurt, cheese and alternatives.
- Offer a range of these foods every day.

*Check your childcare or school policy.

What does nude food mean?

- Nude food is food brought to school or childcare in reusable packaging.
- A nude food lunchbox means there won't be any rubbish except for uneaten scraps and fruit peels, cores or pips.
- Nude food can be cheaper and is better for the environment.

Where to start

- Look for foods with less packaging in the supermarket or look for shops where you can buy food without packaging.
- Fruit and vegetables don't usually need packaging. Choose options without any extra plastic if possible.
- It can be helpful to have a few different sizes of reusable containers. You can buy these cheaply in supermarkets, dollar shops or even second hand shops.
- Buy the foods you would usually buy in larger volumes and divide into smaller portions.

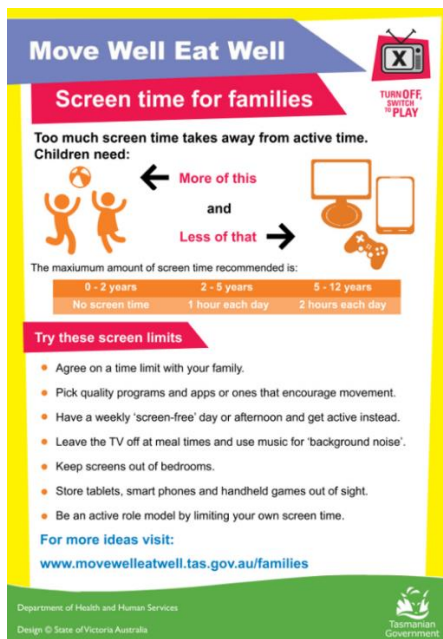
movewelleatwell.tas.gov.au Like us (03) 6166 0617

A great way to include everyday foods is with nude food!

This is a Healthy Tasmania Initiative 2021

As the end of the year is fast approaching, we would like to remind families that as we are a MWEW school, we would like to encourage the sharing of Christmas/holiday good wishes and discourage the sharing of sometimes foods which are generally very high in sugar. It has been pleasing to see students bringing in home baked goodies and fruit and vegetables for food breaks.

I have included some ideas for increasing activity time and decreasing screen time. I hope you find these useful.



Nat Wickham
AST/Teacher

IMPORTANT INFORMATION FOR OUR SCHOOL COMMUNITY

We have a number of vulnerable members in our school community, including students, staff, parents, carers and other family members. Please help by keeping your children home when they are unwell. If your child contracts any contagious disease the office **MUST** be notified immediately so that we can put in place protective processes for our most vulnerable people.

STUDENT ABSENCES

If your child is absent, it is important that you notify the school on the day by calling the absentee line.

6246 6366

or

SMS 0418 159 088

We need you to provide - the child's name, your name, your relationship to the child and a detailed reason for the absence.

If you are unable to do this, we require a short note explaining the reason for the absence.

RAPID ANTIGEN TESTS FOR STUDENTS AND COVID-19 INFORMATION

Kits are available at the school office. Please ring or email to request these and they will be sent to your child's classroom to go home at the end of the day.

If your child has tested positive to COVID-19 positive, it is important they stay home if they are unwell or have symptoms.

If your child is well and not displaying any symptoms, they may attend school. Primary school students are not expected to wear a face mask, however they will be encouraged and supported if they choose to do so.

Please inform the school office if your child has COVID-19.

UPCOMING COMMUNITY EVENTS

Please see our display board near the school office for all information.

WANTED LIBRARY AND HOME READER BAGS

If you have any library and/or home reader bags you would like to donate, please leave at the school office.

REMINDER - ALL SCHOOLS TRIATHLON CHALLENGE

When: Friday 2 December

Where: Bellerive Beach Foreshore

Students will walk/ride to the site and will leave school by 9:00am. All competitors need to arrive at school before 8:30am and meet on the netball courts. If you decide to transport your child, please be aware that they will need to be supervised until teachers arrive at 9:30am.

Students will need to bring depending on their event: - running shoes, extra pair of shoes, thongs, Howrah sports top, school polo shirt, bathers, towel, plastic bag and goggles. Bike and helmet. Students to bring any medication required and plenty of water and food. **NOTE:** If the event has to be cancelled due to bad weather listen to the radio stations from 7:00am on event day.

KINDER TO YEAR 2 - ATHLETIC FUN DAY



When: Wednesday 7 December

Where: Top School Oval

Time: Rotation 1 – 9:30am – 10:50am
(Kinders-Year 2)

Rotation 2 – 11:45am – 12:45pm
(Prep – Year 2) only

Students are encouraged to wear house colours where possible. Please ensure they have a drink bottle, hat and sunscreen.

CANTEEN – LAST DAY FOR 2022

Last day of operation will be **Friday 16 December**.
There is no canteen in the last week of school.

COVID-SAFE BEHAVIOURS REMINDER

COVID-19 and other respiratory illnesses (like the flu) are still circulating in Tasmania. The official COVID-19 risk level has been raised to 'Moderate'. Together, we need to keep practising our COVID-safe behaviours to manage the risk.

Simple things we can do:

- do not come to school if unwell – stay home and test
- stay at home while you have symptoms, regardless of the result of a rapid antigen test (RAT)
- cover coughs and sneezes and wash your hands with soap and water, or alcohol-based sanitiser
- try to stay a reasonable distance away from others when you can
- consider wearing a face mask if you wish to- they are readily available for use at the school.

All students should ensure they have access to a quantity of RATs. If you need RATs, please ask for them at the school office so they are in your home ready for use if symptoms develop.

If you have any questions or concerns, please do not hesitate to contact the school office.

For any COVID-19 enquiries, please contact the [Tasmanian Public Health Hotline](tel:1800671738) on 1800 671 738, or Department of Education COVID-19 Support Hotline at COVID19support@education.tas.gov.au or on 1800 816 057.

If you need support translating or interpreting this information, contact the [Translating and Interpreting Service](tel:131450) on 131 450.



CONTACT DETAILS

7 Howrah Rd, Howrah, TAS 7018

Phone 03 6246 6333

Email howrah.primary@decyp.tas.gov.au

Web www.decyp.tas.gov.au